### Blog 8

#### **Dear Lock Down Rule of Lifers**

Here comes your Weekly Blog on the On-line Group Meeting to Consider- A Rule of Life for Lockdown

At the Eighth Session (24th June) we continued to reflect on how we might develop a communal Rule of Life that maps our life together in lockdown and also continued reading the book of Acts together.

It was great to see 14-15 people online. We were Sonya Stocker, Nick and Sarah Jarrett-Kerr, Matt Thomson, Avril Chadwick, Howard Worsley, Kay Friend, Beth Ashton-Hilton, Wendy Reakes (after a frustrating hour of poor connection), Kirsty Bowles, Olly and Toby (singing 'Breathe on me breath of God'), Liz Chappell, David Kemp and Margaret Mellor.

# Howard initially welcomed and hosted by

- 1) Checking in (saying 'Hi' and catch up generally and reflecting on previous week 17<sup>th</sup> June)
- 2) Flight Time (Sharing insights about the rule of life (good habits for godly living), and looking at Acts 2 v 42- 47 (some huge hints about communal rule of life here), Acts 3 and Acts 4 v 23-31 This was set up to be led by Wendy but unfortunately she was prevented by technology and therefore led by HW.
- 3) Check Out (prayer)

At the initial admin discussion, Avril Chadwick offered to make a list of all those who would like to be connected to the group but cannot (so pass the word on to her if you know of any out there who'd like to be connected ....avril.chadwick@btinternet.com). Thank you Avril. Once we have a list we will support by offering to pick up a connection.

We began with a song, 'Breathe on me Breath of God', sung by choristers Olly and Toby.

In our study time we continued to use the signpost formula below...

Is there something you wish to question?
Is there something about which you wish to comment?
Is there something to encourage us?
Is there something to warn us?
Is there something to help us in building a rule of life?

## **General Comments**

### We read

1) Acts 2 v 42- 47 (some huge hints about communal rule of life here) We discussed the early Church blueprint for a way of life of prayer, Bible teaching, Eucharist, Christian community and worship and decided to map our emerging rules of life against it (in bold) with additional habits (to share in due course).

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Prayer							
Teaching							
Break							
Bread							
Fellowship							
Worship							
Study							
Retreat							
Meditation							
Exercise							
Leisure							
Mission							
Work							

2) Acts 3 v 17-26

Here we observed how Peter's early sermons were filled with allusion to the OT. The GREAT HOPE IS THAT ALL NATIONS WILL BE BLESSED THROUGH Israel.

3) Acts 4 v 23-31

Here we discussed the early Church vision of having all things in common.

Next Week, 1st July we'll meet again at

https://us02web.zoom.us/j/81764868391

Meeting ID: 817 6486 8391

And we will study (facilitated by Sonya Stocker)

- 1) Acts 5 v 1-16 (a difficult story of deception to ponder)
- 2) Acts 5 v 17-26 and Acts 6 v 8-15 and Acts 7 v 54-60 (Persecution)
- 3) Acts 6 v 1-7 (Delegation)

The format will be the same as before....

- 4) Check in (saying 'Hi' and catch up generally and reflecting on previous week 24 June) hosted by HW
- 5) Flight Time (Sharing insights about the rule of life (good habits for godly living), and looking at Acts, facilitated by SS.
- 6) Check Out (prayer)

Stay in peace

Howard

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